



MRS. J. L. SUMMERS
Home Economics

Personal grooming includes the total care we give our bodies, such as: hair care, skin care, face care, dental care, hand care, all of the essentials to make a person well groomed.

HOME ECONOMICS

Girls who plan a future in Home Economics learn the fundamentals of foods and cooking, sewing, home decorations, home improvements, home nursing, and first-aid in their home economics classes. Along with their class work, they have guided experiences performed at home. They are learning today to build better homes for tomorrow.

Following the recipe accurately, with the proper utensils and ingredients, makes cooking enjoyable.



Measuring the hem correctly is essential in a well constructed garment.