

# Cross-country

The major goals this year were to fully understand the concepts of Team, Dream, and Heartbreak. By season's end these goals were accomplished. Most runners hated to see the season end. Team leaders were Craig Barker and Lawrence Anderson. Finishing first most of the time, Barker led by example and ran an extra mile. Anderson, too, usually finished in front. He hustled, never gave up, and went the extra mile. "This team had a unique ability to come together," said Coach Heflin. "It was a pleasure to coach them." Winning awards were Craig Barker and Lawrence Anderson, MVPs, and Michael Merrill and Neal Flippo, Coach's Award recipients.



Lance Ramsay runs atop the competition at Ben Lippen.



Andrew Peterson: "Hey, wait up!"



Team captain Craig Barker takes the lead.



Michael Merrill and Andrew Smith run through the woods.



John Sadylo and team members prepare for the run.



Spartans: RD Crealease, JDHowell, AW Smith, AM Peterson, LB Ramsay, AJ Flatter, CJ Swearingen, Baker  
Row 2: Coach Heflin, CA Russell, J Sadylo, CM Barker, MK Merrill, NH Flippo, LB Anderson, Hafferty, Garner



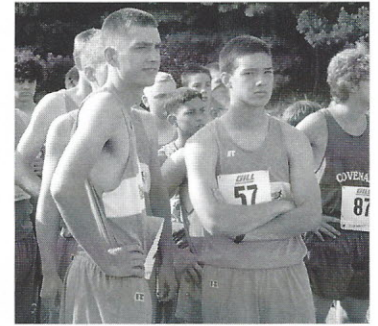
Senior Corey Russell: "Hey, I'm coming, guys!"



Brad Garner finishes strong.



The senior gang: Russell, Anderson, Wilson, and Smith



"Hey, Dudes. What's going on?"



Spartan runners enjoy playing around before the meet.



"Great time."



Senior team captain Lawrence Anderson is doing what he does best.



Cadet Hafferty sprints past the other runners.