

FRANCISCO L. FORD

Congratulations on your GRADUATION!

Son, You did yourself Proud and me, too.

Instructions for Life

by the
Dalai Lama

**"Take into account that great love and
great achievement involve great risk.**

When you lose, don't lose the lesson

Follow the Three R's:

Respect for self

Respect for others and

Responsibility for all your actions.

Remember that not getting what you want

Is sometimes a wonderful stroke of luck.

Learn the rules ...

When you realize you've made a mistake,

Take immediate steps to correct it ...

Open your arms to change

But don't let go of your values

Remember that silence

Is sometimes the best answer...

Live a good, honorable life ...

Judge your success by what you had to

give up in order to get it..."

But more importantly, always remember:

"I can do all things through Christ which strengthen me."

Philippians 4:13

Congratulations w/love,

*Mommie & Family, Uncle Ben,
Aunts Leola, Martha & Carolyn,
D. Yankson, Godfather &
D. Braxton, Godmother*

