



# Cross Country

(kros'kun'tre) adj. 1. Moving across open country rather than roads. 2. From one side of the country to the opposite. n. 1. A Harrier. 2. A Camden Military Academy cadet leading the race.

The 2011-2012 Camden Military Academy Cross Country team has continued the legacy of success. The program, under Coach John Heflin, has consistently maintained a winning tradition. The team has never been intimidated by a team from a school of any size from Class A to Class AAA. Some of the schools the team has experienced success against this season include North Central, Ben Lippen, McBee, Chesterfield, Glen Forest, Covenant Christian, St. Francis-Xavier, King Academy, Indian Land and Orangeburg Prep, just to name a few of this year's opponents. The team's theme is "One Heart Beat, One Dream." Coach Heflin instilled this theme in his runners from day one. He creates an environment where everyone is family. Every runner is an asset to the program's winning tradition.



Back row, left to right: Michael Donovan, John Davy, Tony Bieber, Robby Moreno, Alex Burke, Ross Hogan, Noah Leary, Alexander Trznadel, Chengming Dong, Christian Trznadel. Front row, left to right: Brian Guarino, Damian Moon, Tripp Osteen, Nestor Ruiz, Zach Schaeffer, Marshall Sheorn, Trent Martin, Kevin Smith, Daniel Xu, Rob Kerrison, Coach John Heflin.

This year's Team awards were: Most Valuable Players - Ryan Collins of Fort Mill, SC, Tony Bieber of Anapolis, MD, and Marshall Sheorn of Columbia, SC; Hustle Awards - Robby Moreno of Louisville, KY and Brian Guarino of Santa Monica, CA; Coaches Awards - John Davy of Charleston, SC and Tripp Osteen of Waxhaw, NC; Gazelle Award - Nestor Ruiz of Aguadilla, PR; One Heartbeat Awards- Daniel Xu of Beijing, China and Christian Trznadel of Arvada, CO.

Tony Bieber, Brian Guarino, and Tripp Osteen posing before the race.



Ryan Collins and Brian Guarino staying ahead of the pack.



Marshall Sheorn and Michael Donovan keeping pace.