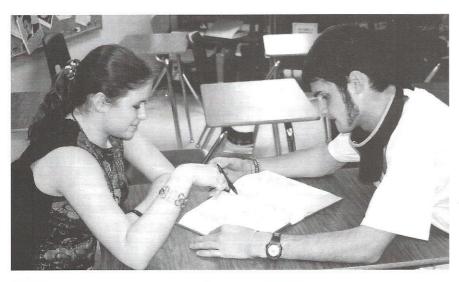
Memorizing. Looking over Webster's Dictionary, seniors Aspen Just and Calen Brown try to remember a few difficult words. "Being on the Academic team is a little more stressful than you would think," Calen said.

Competing for money. In the Commons Area, Ms. Ferris stands with her DECA students. They competed against each other by working out sales and marketing scenarios.





## Three Ways to Relax **Before Gompetitions**

I just tone out all distractions, and say to myself, "We are going to win."

-sophomore Patrick Thibodeau



I sit down and think about what I have to accomplish.

-Junior Dominique Edwards

I close my eyes and concetrate on doing my best.

-Sophomore Adrienne Gant

Attention! Standing at attention, seniors Journey Henderson, Brittany Wiggins, and Brookes Douan wait for inspection. This drill occurred once a week.

Mind over matter. With all the other instruments ringing in her ear, senior Shamel Johnson managed to concentrate on her steps. She really got into her routine.



