## focused on the future

## Students learned to conquor their fears and put forth their best

With an uncomfortable sense of anticipation, and a queezy feeling in the stomach, presenting often became associated with atmospheres of nervousness and uncertainty. During her first public presentation, standing in the shoes of sophomore Christina Brown proved to be a very challenging and defining task. "It can be very intimidating

standing in front of the class for the first time," sophomore Christina Brown said.

Details and colorful ingenuities defined themselves as tools for condensing and diminishing feelings of nervousness and anxiety. In order to create such vivid and didactic demonstrations, students traveled to discount stores such as Wal-Mart and

Eckerds. Alethia Jenkins, for example, purchased many of her presentation tools from these local stores.

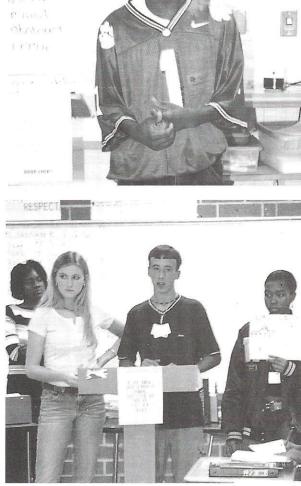
Other students, however, used procrastination as a method of preparation for major presentations. "When the teacher gives us our assignment, I always procrastinate. Then that day turns into the day before the project is due," freshman Jacob O'Quinn said.

With a few helpful tips from fellow classmates and with the right attitude, style, and posture, anyone could have an extraordinary presentation.



An apple a Day. Seniors Olvia Barnes and Dedire Bright are giving their oral presentation of an autopsy project. Performing practice autopsies were among the many skills learned in health science technology.

**Laying it Down.** Getting in front of the class, freshman **Matthew Boles** tries to overcome his nervousness. He managed to pull successfully relieve his pressure and anxiety.



**Up Front.** Seniors **Christian Mock** and **Justin McDonald** give their presentation in front of their classmates. Although they were nervous, they overcame their feelings in order to recieve a good grade.