

We're ready for y'all. The football players and cheerleaders prepare for the beginning of the game against the Battery Creek Dolphins.

Gentleman, start your engines. The Cougar Cross Country team begins the race at their home course with much optimism. "I felt good about the whole season" senior Kenneth Waldhour said.

## FOR THE LOVE OF THE GAME



"I love playing sports. I think my favorite part about playing them is the fact that you get to be with your friends. I also love the competition involved in high school sports."

-Jennifer Goodwin



"I really enjoy cross country. I think that being able to push yourself that extra mile really makes you a better person. It makes me feel better about myself."

-Brandi Traynham

"I firmly believe that any man's finest hour, the greatest fulfillment of all, that he holds dear, is the moment, when he has worked his heart out in a good cause and lies exhausted on the field of battle-victorious."

-Vince Lombardi