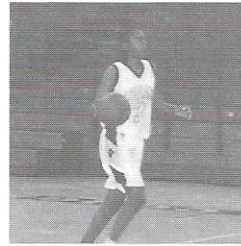


HANDS UP



The crowd cheered as the team ran onto the court. The girls practiced lay-ups and passes before every game. All of the players recieved warm-ups and uniforms at the beginning of the year. "The uniforms are pretty nice. They are a lot nicer than last year's," junior **Tonique Hamilton** said.

Monday through Thursday from 4:30 to 6:15 the

girls practiced hard, trying new plays and different shots. Coach Smith and Coach Williams reviewed game plans and went over mistakes from previous games at practice. "A good thing about basketball is that it keeps me out of trouble," junior **Ashley Williams** said.

To prepare for games, the girls stretched and conditioned their bodies constantly by running and through other vigorous excercises. While doing so, the

team found their strengths and weaknesses. "Basketball keeps me in shape and i hope on playing in college at Claflin University," junior **Samantha Walker** said.

Before playing , the girls met early in the gym to change clothes and warm up. The coaches gave pep talks to the players to get them ready for the game. This plan went well in the many wins that the girl's basketball team received.

-Lauren Moody



Going for the "Goal." Racing down the court, sophmore **Yasmine Hamilton** goes for a basket. Following close behind, the WestAshley girls trailed at her back.

I believe I can fly. Reaching for the ball, junior **Fairen Singleton** reaches for a pass. After catching the ball, Fairen helped her team out with an added two points.

