

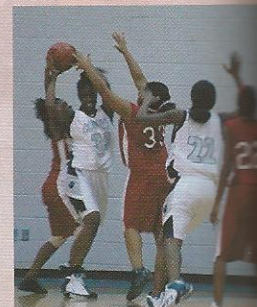
Through the Hoop

Year after year our girls basketball team pulls out on top. They have great attitudes and their determination is amazing. Every day these ladies stay after school to practice and condition so they can compete with the best on the court. "Anyone who's trying out next year should never give up, just try your best, and believe in yourself. Basketball is not always about skills, its about motivation, and having confidence in yourself," junior Chasity Brookes said.

Great attitudes, and having the will to give everything you have when times get hard, is exactly what has pulled our ladies through. They didn't win every game, but they went on the court knowing when they step past the white lines, it's time to buckle down, and show what they've been working towards.

-Rachel Culpepper

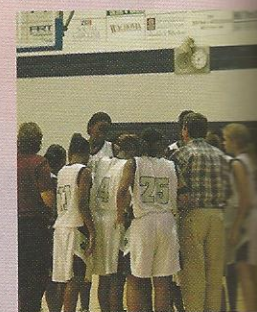
Trying to get open for a pass, Senior Lakia Grant anticipates a pass from her teammate, Branshea Brown. "My favorite game was when we played Startford even though we lost by 4 points," Sophmore Branshea said.



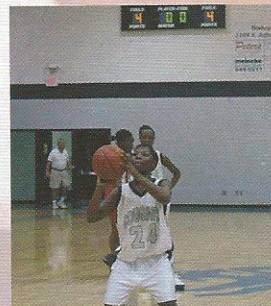
Hoping the opposing team will not get the ball, Senior Natasha Gilliard looks for an open pass. "I'm very hard on myself and when I get down it's not easy for me to pull myself out of it," Natasha said.



Pausing for a time out, the Cougar girls and their coaches talk over some plays before returning to the court.



Hoping for the best, Junior, Amani Hills takes a free throw shot.



Players from left to right: Back Row - Christy McGrady, Branshea Brown, Lakia Grant, Essence Jordan. Middle Row - Tiara Holmes, Tierra Simmons, Asia Dicks, Chasity Brooks, Amani Hills. Front Row - Caitlin Lyons, Natasha Gilliard, Brittany Reed, Shonta Young. Trainer - Ashley Padgett (top row 2nd from left). Coaches - Richard Smith and Dawn Rizer