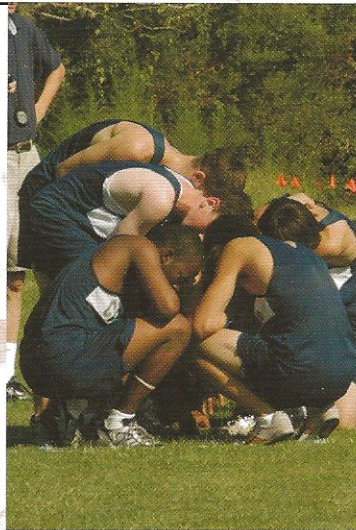




Hanging out while waiting for a cross country race, freshmen Ammon Weeks talks to fellow cross country members. Bonding with teammates makes everyone more relaxed before running a race. It also helped everyone get in a better mood with a positive attitude. Thinking positively helped out with running alot. "My favorite race to run is the Coach's Classic," Ammon said.



Putting forth the last of her effort, junior Meghan Carter crosses the finish line, "You're always tired in the end, but knowing you're that close always gives you that extra adrenaline rush," Meghan said.



Preparing for the upcoming race, the boys cross country team huddles up. "The boys' team placed higher this year than the last 6 years in the Region Champion race," Coach Smith said.



The crowd watches as senior Victoria Harrison makes her way to the finish line. "This was my first year running for the team. I really enjoyed it but it was a lot of hard work," Victoria said.

Cross Country Schedule

- Wando H.S.
- Daniel Island Golf Course
- Isle Of Palms
- West Ashley H.S.
- Wanamaker Park, N.
- Charleston
- James Island County Park
- Walterboro Rec Center
- James Island County
- Walterboro Rec Center
- Palmetto Islands Park
- Walterboro Rec Center

