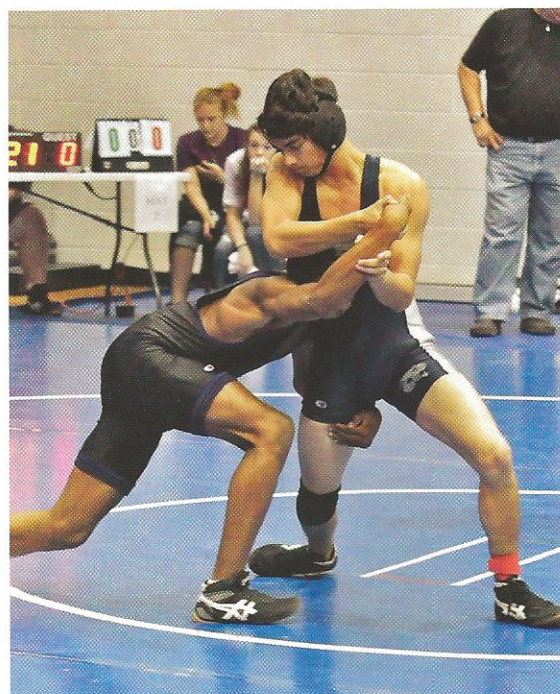
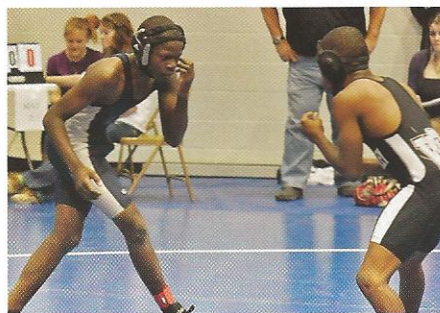
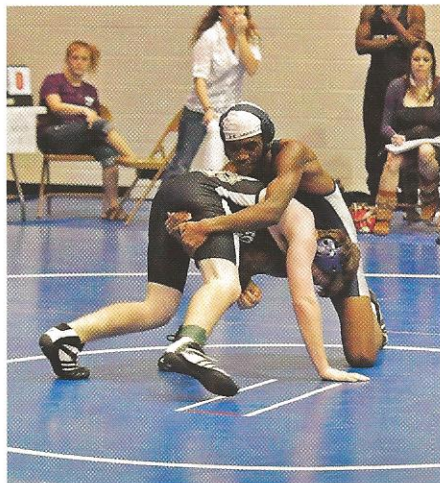
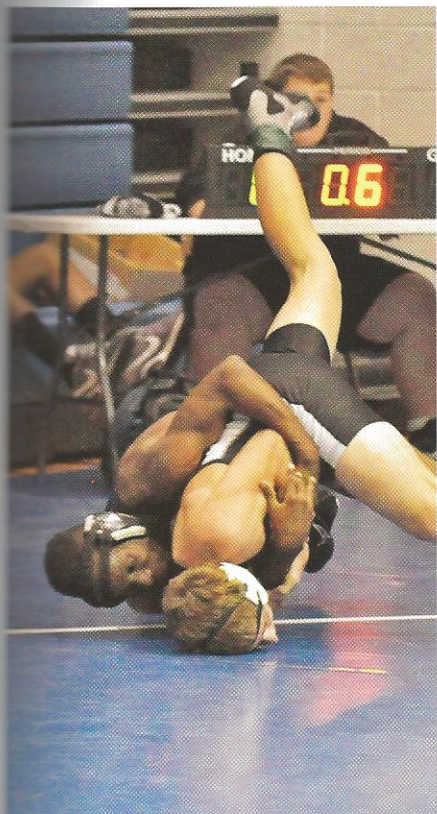


intense- [in-tens]
-acute, strong, or vehement



Wrestling

Wrestling is one of the most difficult sports to participate in. It requires a strong heart, determination, strength, and focus. To prepare for a match the wrestling team had to build up their strength and maintain their weight to stay in their weight class. Every day after school the wrestlers would meet up and practice to help prepare their bodies and minds for their next match. Some of the wrestlers on the team are matched up with the best ranked wrestlers in the state and are able to compete with them at the same level. Wrestling is a great opportunity to meet and compete with new people. This year the team had two seniors advance to state championships.

Left Senior, Ja Juan Johnson took his opponent down and attempted a pin. "Both of my coaches are strong willed and always look out for me and my teammates." Ja Juan wants to wrestle for Penn State when he gets to college.

Top Right Junior, Dwayne Bright prevented his opponent from getting the takedown. "There is nothing better than the feeling of walking off the mat with a win." This was Dwayne's first year wrestling.

Bottom Right Freshman, Haskell Huggins watched his opponent closely as he thinks about his next move. "I wrestle to win and accomplish my goals." Haskell loves the sport because of the fans.

Right Senior, Andrew Floresca maintained his stance as his opponent tried to go for a takedown. "My biggest accomplishment was in my sophomore year when I had the most wins on the team." Andrew's biggest challenge in wrestling was Fort Dorchester because he is the only person to beat him twice.