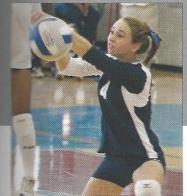
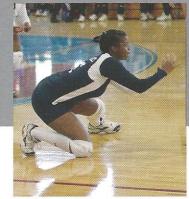
How has being apart of the volleyball team affected you?



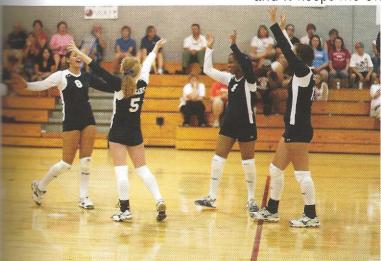
serves her duties as a defensive specialist. "Volleyball has made me become more active and athletic. I loved the team."



Junior Heather Varn readied herself for a serve.
"Being apart of the volleyball team has changed who I am. It helps me keep my grades up and it keeps me off the couch!"



Senior Khalialiah Yates anticipates a return. "Being apart of the team taught me patience and cooperation. It made me come out of my shell."





Top Left The team celebrates a point with a rousing chant. "My favorite part about volleyball is the spiking. I love hitting people in the face!" senior Ashleigh Fryar explained. "Volleyball has kept me out of trouble and has shown me a new way to release anger."

Top Right Sophomore Emily Hiott encourages her team to be the best they can be. "All in all, I was very proud of our team. Even though it wasn't exactly a 'winning' season, we accomplished a lot and worked very hard to come this far," Emily said. Emily's favorite part about volleyball is hitting and blocking because it gave her a competitive and accomplished feeling to make a great block or attack.

Left Hitters Kayla Smith, a senior, and juniors Lauren Long and Stephanie Broughton guard the net, getting ready for an attack. "Playing volleyball gave me a family away from home. It was a positive influence on me and motivated me to become an example," said Stephanie. Her favorite part about playing volleyball was blocking an attack.