

Varsity Volleyball

Practice makes perfect. Well, our Lady Cougar Volleyball team must be perfect! On average, the team practices two hours a day, four days a week, and that's not even including games! For most players, the hours spent at practice are like that of a part time job. Every practice helps the ladies win a little bit more every time and become better players day by day. According to the team, "the fact of winning isn't always important but playing well is always important. Playing well makes him (Coach Jimmy Hiott) much happier than a victory." Although winning isn't always the focus, the ladies still seem to bring home victories more often than not. The final record this season was 20-11, with regional play holding a record of 0-8.



After every match, win, lose or draw, all athletes and coaches run up the net to congratulate the opponent. This act is a true example of good sportsmanship!

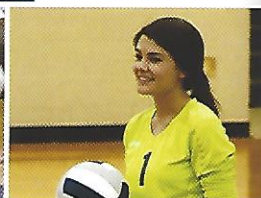
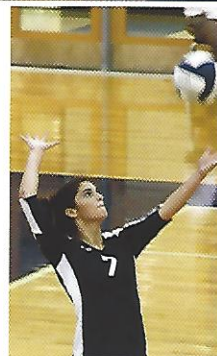
Sophomore Brittany Risher has been playing volleyball since the seventh grade. During this time, she has nearly perfected her serve and her position as defensive specialist.

varsity volleyball



Senior Sierra Graves is one of the Defensive Specialists on the team. She has been playing volleyball consecutively since the seventh grade.

Sophomore Haley Felder is an Outside Hitter on the team. She enjoyed this season, she said, "My team is always dependable, I can rely on them for anything."



Junior Emily Eaves is the Libero on the team. Her favorite game was against Ashley Ridge High School despite the outcome. She stated, "They made us really work for every point."

