

# Wrestling

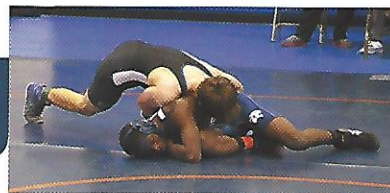
An average day of wrestling consists of learning new drills, new moves, checking weight, and live wrestling. All this hard work paid off with a cumulative record of 6 and 22. Despite only having 6 active wrestlers, Student Coach and captain junior Dakota Snyder believes that this year's season was overall a success due to such a low number of contenders. A positive change this season was the aggression and initiative on the mat. "As soon as the whistle blows, the guys start fighting hard for the win," Snyder explains. According to Snyder, junior Caleb O'Quinn was the most valuable player due to his capacity to go above and beyond at all times both on and off the mat. In the regional championships this year, two people moved on to the lower state championships.



Coach Packy Burke has been coaching with CCHS since 2007 became head coach in 2012. He has been involved with wrestling since the age of 5.

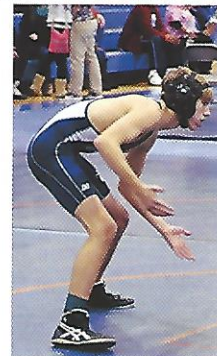
Following a meet against Summerville, Coach Packy leads a review of all the matches and individual performance on the mat. The team is composed of ten high school students.

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Freshman Timothy Pressley was influenced to begin wrestling by his older brother when he was in the eighth grade.

Junior Caleb O'Quinn is a veteran of the sport, having wrestled since he was a small child with a league in Charleston.



Freshman Kevin Stevenson's favorite position for wrestling is the cradle, which gets its name from the similarity of holding an infant.

