



Junior Zachary Beach, a returning member to the CCHS Boys Varsity Soccer team, demonstrates a warm up exercise.

A majority of practice time daily goes to stretching, warmups, and ball control drills. Side lunges exhibited by Paul Murray, senior, help prevent injury by stretching a variety of muscle groups.



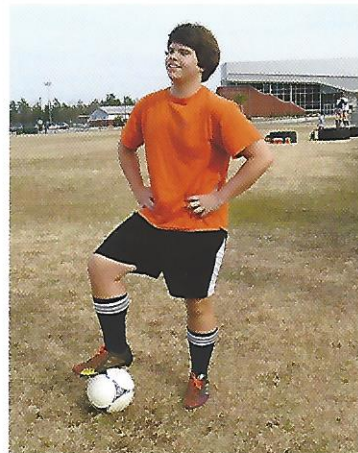
Individual Efforts



Individual performance is at the forefront of many players' minds, including junior, Shelton Reynolds. Reynolds plans to increase his ability to control the ball.



“ Hopefully, soccer will get me a pretty nice size scholarship for college -freshman Jarrod Hazard ”



As a returning member, Campbell Pryor, freshman, thinks this season is better than previous years. "I've grown a lot closer with the team so far," also, the new found friendships help with the cooperation of the team as a whole which creates a better playing environment.



Prior to being a goalie for CCHS, sophomore Dawson Fitch was thrown in as a goalie, or keeper, by his father while playing on a rec league team when he was around ten. Since then, Fitch can be found in the goal box on game day.