

# JV VOLLEYBALL

Our JV Volleyball girls worked exceptionally hard this season. Their final season record was 8-8. Their success can in part be contributed to the strong and lasting bonds the team made. Making friends with your teammates is one of the keys to working together and having a successful season. This allows players to trust one another's decisions on the court and to accept help when needed. We are very proud of our Junior Varsity Lady Cougars this season! As they progress, we look forward to seeing them on the Varsity team and beyond!

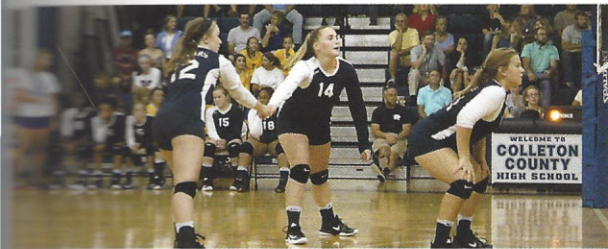


A tradition that our JV volleyball have withheld all season is that before every game they come together and pray for good luck and no injuries.

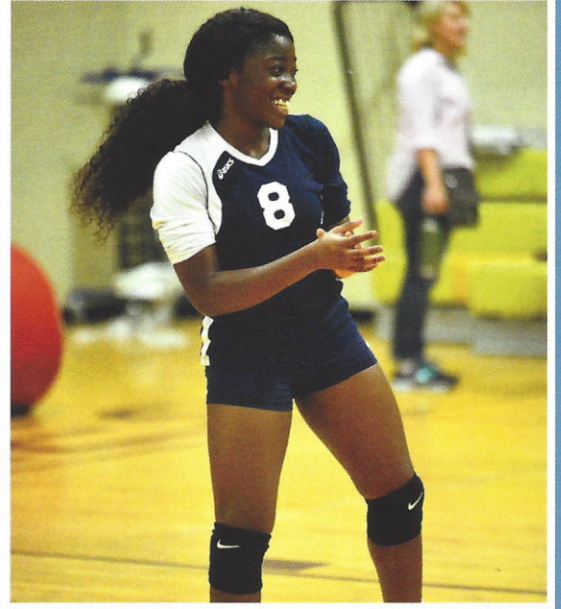


"Once you become part of this team there is no they, there is we. There is no I, there is team. There is no individual, there is a family. When we start together we end together and no is left behind." - Leiana Rivera, Sophomore

Top Left: Sophomore Charity Crosby (# 10) jumps to block the other team trying spike the ball as Sophomore Kaycee Bell (# 14) keeps her eye on the ball.  
 Top Right: Sophomore J'Nay McClain jumps to tip the ball over the net to catch the other team's off guard as Freshman Grace Ann Cox (# 11) watches as a back up just in case.



Top L: Freshman Grace Ann Cox (# 11), Sophomore Kaycee Bell (# 14), and Bayleigh Crosby (CCMS) are getting ready for the ball to come over the net as the other team serves.  
 Bottom L: After a time-out the JV team puts their hands together and yells "COUGARS" to show how ready they are continue the game.



"You can only get out what you put in, which should be nothing less than 100%." - Donae Bowers, Sophomore.

