2019 Colleton County High School Cross is very motivated and determined. as a family but they weren't afraid and other and compete for the varsity year's team showed us that ement and refinement is present every day and races. Coach Smith plays a metrole in keeping his runners happy and Hes always showing encouragement and without the support of him and maniello, the team wouldn't be as strong They finished the year with the girls and the Lower State Championships meenth (for the third straight 🗻 year) State Class AAAA ships. The less seasoned

med their growth with

lace at Lower States.

Cross Country

THE STUDENTS THAT "RUN" THE SCHOOL

BOYS & GIRLS WIN

The team has accomplished much in 2018. They won the first two races of the season and then kept at it! The girls and boys won at Wade Hampton, and the girls won the Camden and Fort Dorchester races. Even though the team will lose

some great senior runners on the girls team plus one on the boys at the close of this year, they have also gained more dedicated runners on the team to continue to grow the program.



BEFORE THEIR PHOTOSHOOT

The team waits, practicing smiles and poses before taking their "real" team and individual photos. (In the biz, we call these "outtakes".)



The girls team ran in intense heat many times and still achieved great times. This proves their love and dedication for this sport.







HOME OF THE MIGHTY COUGARS

SENIORS: TAKE THE LEAD ROLES

Two of our seniors' last first race on the CCHS Cross Country team was bittersweet. Wyatt O'Quinn and Kensley Dantzler have put over four years into this sport. Our Cross Country seniors will truly be missed in the upcoming seasons.

2. ABIGAIL ALTMAN (11) 3. Elizabeth McLaughlin (12) 4. FAITH AEVNOLDS [1] 5. TEADANCE GARACTI [12]









