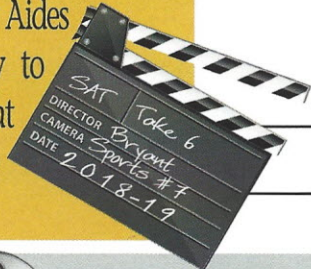


Athletic Training Student Aides



THE ONES WHO KEEP THE STARS IN THE GAME

The Athletic Training Student Aides Program is one of the most important school programs led by Athletic Trainer Donnell Bryant. The 2018-2019 Athletic Training Student Aides are always next to the stars. They make sure our plays stay on track, help with rehab and provide first aid to injuries and wounds. Even when it rains outside our Athletic Trainers put on their gear and get down and dirty just like our players. Bad winter weather does not stop them. They cover fall, and spring sports, even during after school for practices and games. Our Athletic Training Student Aides use their time and energy to make sure our players get what they need to play the best game of their lives.



SUPPORTING THE CAUSE

"I enjoyed athletic training these last three years because it allowed me to learn more about the medical field and build friendship to last a lifetime." -Hermosa Sanders

Senior Nia Jackson loved helping and supporting sports this year as a trainer. She wants to become a head trainer after college. She also works hard and motivates other Cougar players.



SAVE THE DAM



SUPPORTING THE TEAM

Above, Sarah Velazquez (10), Nia Jackson (12), and Victoria Wilson (11) wait for the Varsity Cougars to finish warming up so they can provide water and care before the game kicks off. This trio could be seen offering support to teams through the winter and spring seasons.

1. RONALD "TREV" NETTLES ISN'T A TRAINER, BUT SUPPORTS THE TEAM AS AN EQUIPMENT MANAGER. 2. NIA JACKSON & CAMERON COUSON KEEP THE TEAM HYDRATED. 3. VELAZQUEZ (10), WILSON (11TH) AND MR. BRYANT 4. SARAH VELAZQUEZ & TORI WILSON ASSIST DONAE BOWENS AFTER A LONG, HARD 200M. 5. ICE IT!

