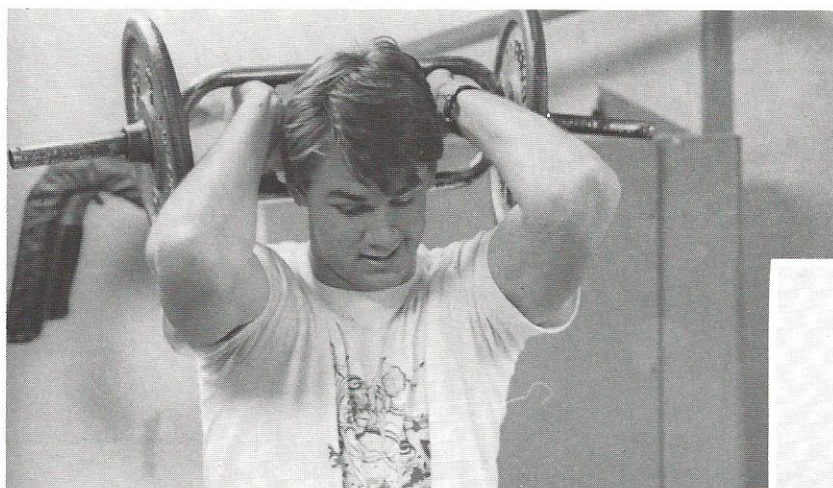


POUNDS AND MORE POUNDS

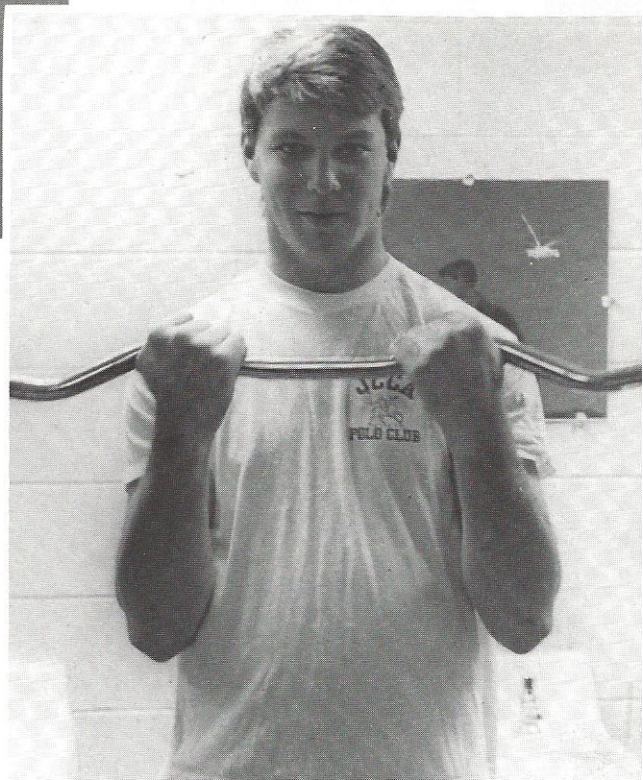


This past year John C. introduced a new sports club, the Weight-lifting club. It consisted of ten members headed by Coach Orsini and Coach Lewis. The boys, mainly football players, have been victorious in competition against two other schools. One record was broken by J.J. Evans, who lifted three-hundred and eighty pounds.

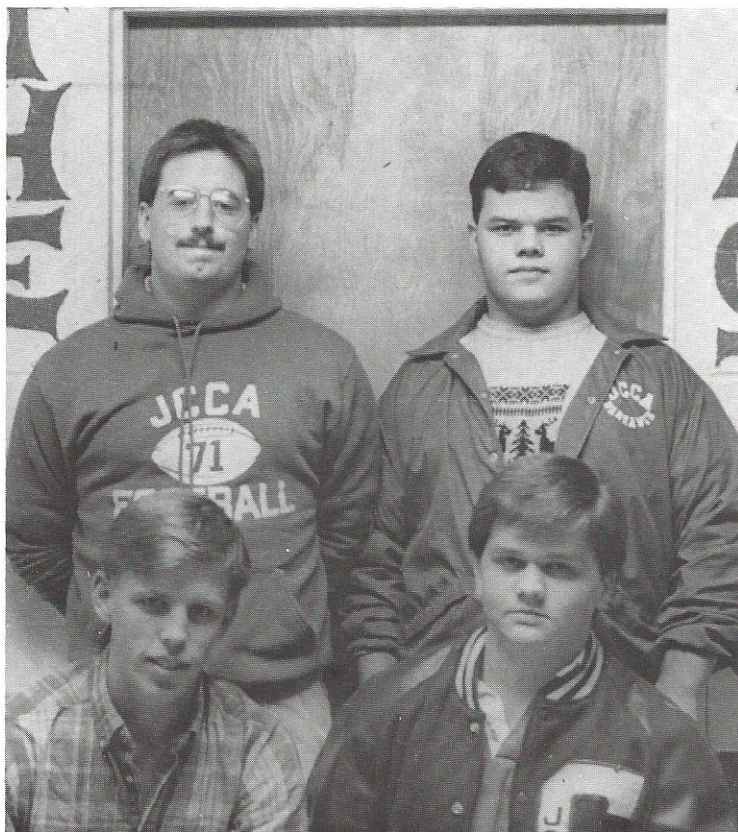
Coach Orsini hopes to turn the club into a regular school team. He would like to compete against other schools in our league.

The boy's name for the weight-room is "THE FACTORY."

It looks as if Eric McGill is preparing for the upcoming football season.



Wayne Crosby shows his strength as he attempts to lift weights. Can he do it?



Coach Lewis, J.J. Evans, Scott Craven, and Toby Hinton stand outside the weight room and trying to decide whether or not they should go in and lift weights.