

# All Fired Up!

"How do you feel? Fired up!" This was one of the numerous chants the cheerleaders shouted to support their team. The squad was responsible for motivating and moving the crowd at pep rallies, football, and basketball games. The cheerleaders learned new cheers and dances for the many competitions they went to. However, their job was not always as glamorous as it seemed.

"A lot of hard work and dedication was shown from my ladies," commented Coach Roper. All the cheerleaders had the same thing to say about cheerleading. "It was a fun experience with our new coach." The cheerleaders enjoyed cheering for the new varsity football and basketball teams.

As warm-up exercises the cheerleaders ran laps around the school, did several jumping jacks and stretching routines. The cheerleaders ended their exhausting practice with a rehearsal of their cheers.

To become a cheerleader, the girls had to show a lot of hard work and determination as well as dedication and school spirit. The cheerleaders were expected to be lady-like and to always be focused on "the game." Cheerleaders are a great asset to every school.

Coached by Connie Roper, the members of the squad were Sherri Bryant, captain; Demetral Sanders, co-captain; Latisha Parker, Amanda Combs, Denise Strickland, Lynn Mears, Terri Preacher, Melvina Breland, and Sharminique Fryar. The squad did lose some members, but it didn't hurt their spirit and effort to be all they could be.

— Gerald Jenkins



The varsity volleyball team poses with a smile of triumph after their well-played season. Many of their games were victorious.

Varsity cheerleaders Sharminique Fryar and Denise Strickland shake and bake as they strive to succeed at the National Finals in Virginia.

