

No Three-Alarm Fire Just Kids in the Kitchen

There was a time in every student's life when he or she had to learn to cook. The ages the students learned to cook and the reasons they learned varied. Some were forced to learn when their parents were away from home and they had to cook for the other members of the family. Some students just wanted to give a helping hand to their parents, especially after the arrival of a new baby. "I had to help with the cooking after my little brother was born. I was only six years old then," said senior Mary Frederickson.

The ages the students started to cook ranged from six years old to fourteen years of age. Junior Yogi Bright said "I guess I learned to cook when I was eight or nine. I wanted to learn so I could help

my mother with the rest of the children." Many started by watching their mothers and playing with the pots and pans. Some parents had the children assist them in preparing light meals like sandwiches or a salad. As time went on, the range and

kinds of meals began to get more complex. These students could also plan more nutritious meals for the family.

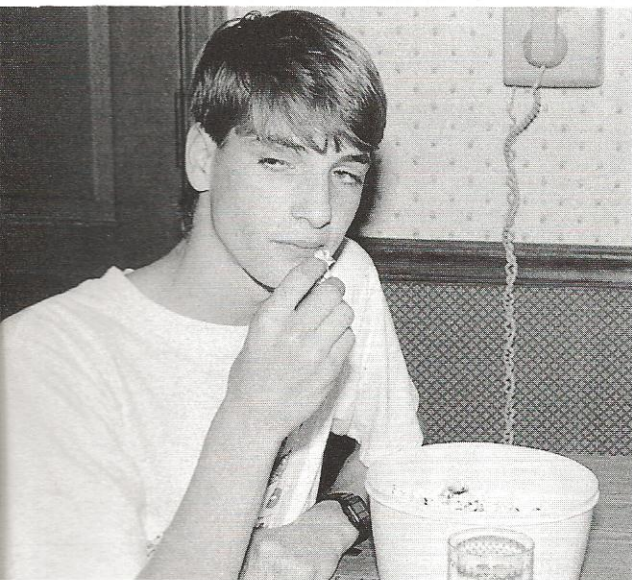
Many students chose to take a food and nutrition class to gain further knowledge and education in cooking. These

classes taught safety in the kitchen, planning meals and good table manners. In addition to this, the course presented the students with knowledge of good eating habits and good nutrition.

— Ann Goff

"I couldn't believe that they actually ate the popcorn after I burned it."

— Senior Jamie Colson



Reluctant but hungry, sophomore Jeb Huckabee tries some of the popcorn prepared by Jamie and Seth.

Senior Jamie Colson frantically tries to get his smoking pan of popcorn to the sink. Jamie and fellow classmate Seth Huckabee performed their cooking experiment at Wendy Garrett's house. All three were members of the Band of Blue.

