

KICKING THEIR HEELS UP PRACTICING MARTIAL ARTS

IT'S ALL A PART OF KARATE

While most students spent their afternoons practicing for school-related sports, others concentrated on perfecting the art of karate. Freshmen Wade Marvin, Travis Brown, John Preston, and Johnny Salinas; Sophomores Will Marvin and Shannon Kinard; Junior Steve Carroll, Paul Loisel and Senior Terrance Williams were martial artists. They were instructed by fifth degree blackbelt Shihan Earle Marvin and third degree blackbelt Sensei Sherry Marvin.

Students were tested for their different degrees in karate. The different levels were white, yellow, green, brown, and black belts with black being the highest.

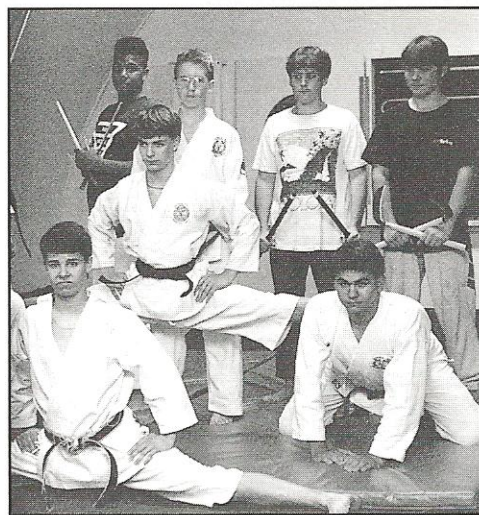
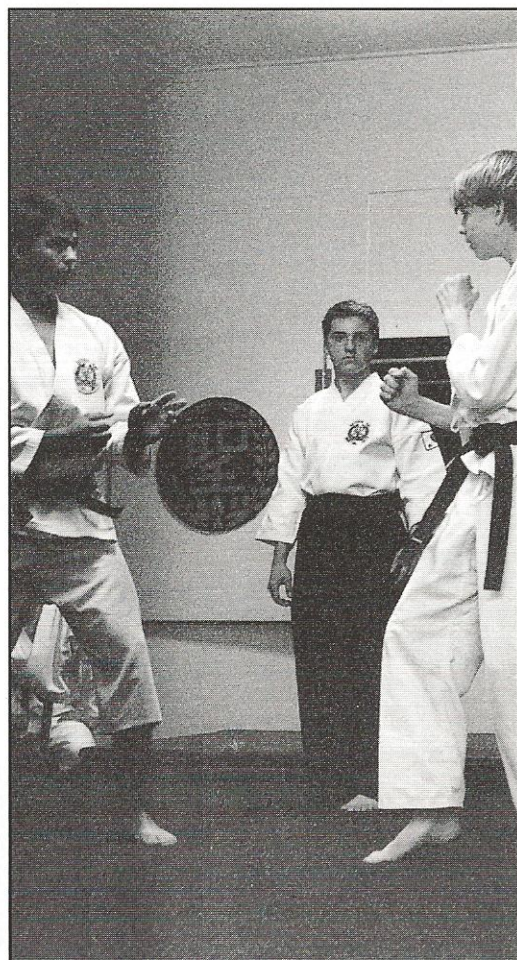
They trained under the Seishin Kai system which is coordinated by Soke Shogo Kuniba. Soke

was a 9th degree black belt who had trained all of his life.

Karate tournaments were categorized by age and years of training. During the summer students attended the State Champions, Regional, Southern League Champions and the National Champions. These tournaments were sponsored by United States of America Karate Federation.

These students trained on Mondays, Thursdays, and on Fridays if anyone needed extra training. They trained from eight to fourteen hours a week. Junior Steve Carroll commented, "Karate helped me to improve my self-confidence, got me in good physical condition, and helped me with mental and physical control."

— Pam Crosby



These students exhibit the different karate positions and weapons that are used in practices and competitions.

Freshman Wade Marvin watches Johnny Salinas and Johnathan Songer compete in a match, while demonstrating a Kumite.