

Going

to the

Extreme

Regular sports are nothing compared to these...

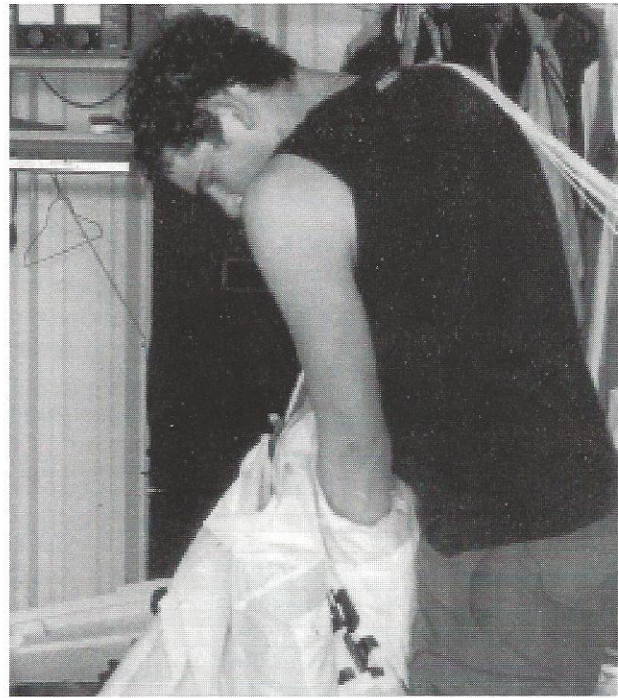
On your mark, get set, JUMP! Junior Wes West spent many hours practicing his favorite pastime, skydiving. Wes began skydiving at sixteen, and fell in love with it. The great feeling and rush that never bores kept Wes interested.

"(I have also) been interested in the unique people that are involved in this sport. (The) people are as everyday as you and me, but with different hobbies and a devotion to that hobby that is indescribable," said Wes.

Skydiving required extreme flexibility and balance. The adrenaline that flowed through Wes' body as he plummeted through the air gave a distinguished feeling.

"Viewers tend to think the sport of skydiving is very entertaining because of how different it is, and that is what people want to see when they watch sports- a change," said Wes.

Skydiving provided the thrill that many people searched for a whole lifetime, not knowing that the experience waited one jump and a parachute away.



**Wes West
Junior
Sport: Skydiving**



Taking it to another level, teacher Roger Dixon spent many long weekends and endless summer days participating in various extreme sports. Along with surfing, Dixon sailed, mountain biked, deep sea fished, windsurfed, and snow skied.

"What I enjoy most about these sports is the feeling of being insignificantly small. When you are out on the ocean and the waves are going off and the wind is howling, it gives you a sense of perspective," said Roger Dixon.

Excellent physical conditioning required frequent training. These sports allowed one to display their abilities to the fullest potential.

Competition provided a thrill for most sport participants, but Mr. Dixon liked it best when he sailed on the ocean alone or just with one or two buddies. "Competition ruins the spiritual aspect, and that is a huge part of it for me. These sports I do are just ways of getting close to the source of all things," Mr. Dixon said.

**Roger Dixon
Teacher
Sports: Windsurfing,
snow-skiing, deep-sea
fishing, and mountain
biking.**

