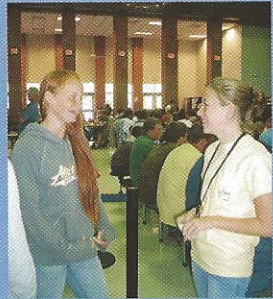




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Katherine Schmitt talked with her friend in the lunch line. "Track is fun because you get to hangout with your friends and it keeps you in shape," junior Katherine said.

### Get your life on track

When most people hear of track, they think that it has a lot to do with excessive nonstop running. The thought of becoming drenched in sweat and being in the scorching heat drives people away. To play a sport you have to have dedication, determination and passion towards what you do whether it is shot put and discus or long jumping. Every individual had to work on their own weaknesses so that the track team as a whole could achieve and do all that they could. Through it all, the work that the students put into track and field paid off and they managed to have a great season. - Chelsea Mixson

### Kathy's Friends!

Sophomore Reed Revell talked with friends during his lunch period. "I like running track because I know that it's good for me and I make cool friends," Reed said.

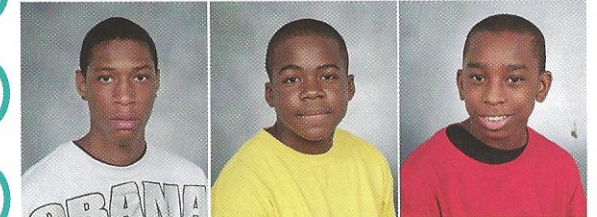


Junior Hannah Ruegner participated in a race at West Ashley High. "I love the races because they are a lot of fun and all your friends are there," Hannah said.

Glenn Amberson 10 Latisha Burns 9 Donte Calloway 10



Ryan Cook 9 Philip Craig 11 Talia Dessoie 11  
Devontea Dillard 11 Damian Garrett 9 Rayshard Green 9



### Students who wear Nikes



Shaquille Jenkins 10 Takayla Jenkins 10 Ashton Johnson 10