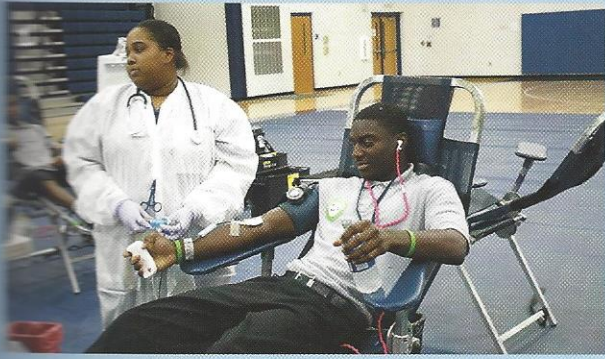


Bag the Blood



The Red Cross Youth is important because it is a way to learn how to help people. "The reason why I joined was because I thought that it would be fun to do community service with my friends and to help people become aware of how important blood donations are," says junior Ricardo Paez. Sophomore Zaria Gantt says she gets nervous around needles. "I don't freak out or anything, but I get a little tense. I try not to think about it or have someone there to make me laugh," says Zaria. Ricardo and Zaria enjoy being in Red Cross. Overall Red Cross is a great club to get involved with the community and help people understand the purpose of helping others out when they need it.



1. Senior Sean Koger relaxes while donates blood for the first time.

2. Senior Joseph Mandra recovers from giving blood with a cold soda

3. Seniors December Bishop, Samantha Hudson, and Alexandria McLauchlin are excited about giving blood.

4. Senior Caitlyn Spires prepares herself before she donates blood for the community.

5. Sophomore Jennifer Itaralde, and juniors Lindsey Reynolds and Monaisha Allen are working the front table at the schools annual Red Cross Blood Drive. Monaisha said, "I'd volunteer again. I'm helping others and doing something good."



Senior Sarah Byrd sits at lunch, sporting her Cougar Mentor t-shirt.

Senior Jessica Itaralde is listening to the Red Cross advisor explain their next task.



Senior December Bishop is helping a new donor learn about giving blood.



The Red Cross seniors are listening to their teacher lecturing.