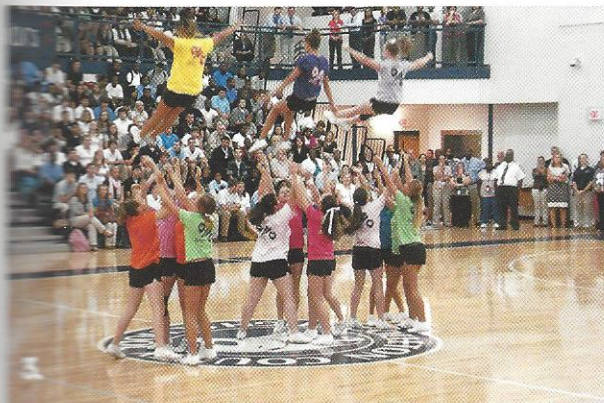


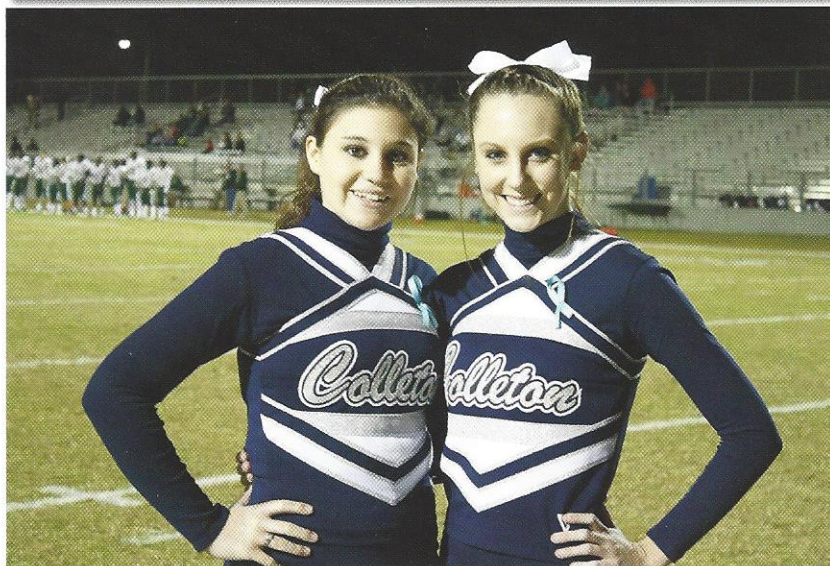
Seize the Spirit



The cheerleaders have cheered their hardest for every varsity football and basketball game. They helped create posters for breast cancer awareness and performed several dance routines for the pep rallies. Their coaches worked together to teach the cheerleaders their routines. Senior Co-Captain MaHallie Martin said, "I think they work very hard to make us look good because they believe in us." Sophomore Erika Sheffield said, "The best part of cheerleading is being a flyer and being tossed in the air." Overall, the cheerleaders and the coaches tried their hardest to keep up the school spirit and support our teams.



1. Sophomore Teagan Crosby flies high in a stunt during a Friday night football game.
2. The cheerleaders form a tunnel with the students as the Cougars run onto the field.
3. The cheerleaders perform a new dance routine at the first pep rally of the school year.



Freshman Kaitlyn Martinson works hard on her assignment in computer class.



Sophomore Teagan Crosby laughs while her friends danced outside during lunch.

Junior Chelsey Dewitt waits anxiously to be escorted on the field to await the announcement of Miss. Junior.



Senior Taylor Cole reviews her notes in class.