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- Sophomore Shemar Simmions prepares to throw a 1.5 pound discus try and win the event.
- 3 Senior Neilan O'Connor tries to set a personal best by making his highest pole vault leap of the season.
- Sophomore Deshana Daniels comes to the end of the race and gring to stay in front of her opponent.
- 5 Senior Tichina Green tries to throw the shot put the farthest it has been thrown in the event yet.

## Ju Se is va

Senior Deandre Linder rushes to his locker before class. Deandre is the top male shot-put thrower.

Junior Emalee "Paige" Seeley enjoys lunch. Paige is our only female pole vaulter at CCHS.

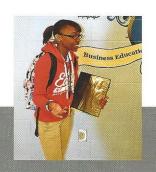


## Run-In the Win

Colleton County High has an outstanding track and field program. In previous years, our track and field program has had multiple state titles in events such as shot put and discus, as well as in 200 meter sprints. Riding on the success of previous years, our girls and boys track and field team has a lot of titles to uphold. As a track and field participant, there are many different events from which to choose. Students that enjoy running can choose between short distance or long distance races. Track and Field also offers events such as pole vaulting, long jump, triple jump, high jump, shot put and discus. Our girls and boys team have always made the high school very proud!



Senior Matthew Ross does his best to get over the hurdles, beat his opponents, and win the race! To be successful, hurdlers have to not only be fast but also flexible and coordinated.



Sophomore Akirah Maloney participates in a conversation. Akirah does the events long jump, triple jump, and high jump.

"Track is something I liked doing since sixth grade," stated junior Faith Calloway. Faith runs the 100m, 200m, and the 400m races. She has also been to Lower State qualifiers twice.

