

TRENDS TREND

Plaid Shirt

The boy-style plaid flannel shirt is a popular look for both guys and girls. Just add a pair of perfectly worn jeans.

Tim Umphrey/Getty Images



Top Siders

From popped collars to Top Siders, prep style endures. *True Prep* shows a new generation how it's done and what it means.



Sequins

Shiny, sparkly sequins become a major fashion trend when Zoe Kravitz and runway models are spotted wearing them on hats, dresses and tops.



Hats

Self-expression is always in fashion and the right hat makes it easy to add panache (and hide a bad hair day). All you need is a cute fedora or a jaunty newsboy cap.



Military Jacket

There's nothing olive drab about this trend. Military jackets are snappy, sleek and chic — a far cry from the oversized Army surplus look of yesteryear.



Energy Drinks

Energy drinks are the beverage of choice among sleep-deprived students, despite concerns that they contain unhealthy levels of sugar and caffeine.

Pillow Pets

Now it's a stuffed animal. And now it's a pillow. Puffy, popular PillowPets™ may be the snuggliest, softest trend of the year.



Dentists report that more and more teens are asking about teeth bleaching procedures, especially for photo-op occasions like proms or sweet sixteen parties.

Flip Flops

Parents and foot doctors hate them but the flip-flop fad is a year-round phenomenon for guys and girls alike (except during snowstorms).



Gilbert Carrasquillo/Getty Images



Dr. Dre's Monster Beats are state-of-the-art headphones that make a strong, street-smart fashion statement. They look cool. And they sound even cooler.



Mineral Makeup

Beauty mavens agree: mineral makeup rocks. These sheer, lightweight, powdery formulas are the smart alternative to goopy, pore-clogging foundations.

Get the look with a classic polo, distressed skinny jeans and leather belt with your favorite treads.

