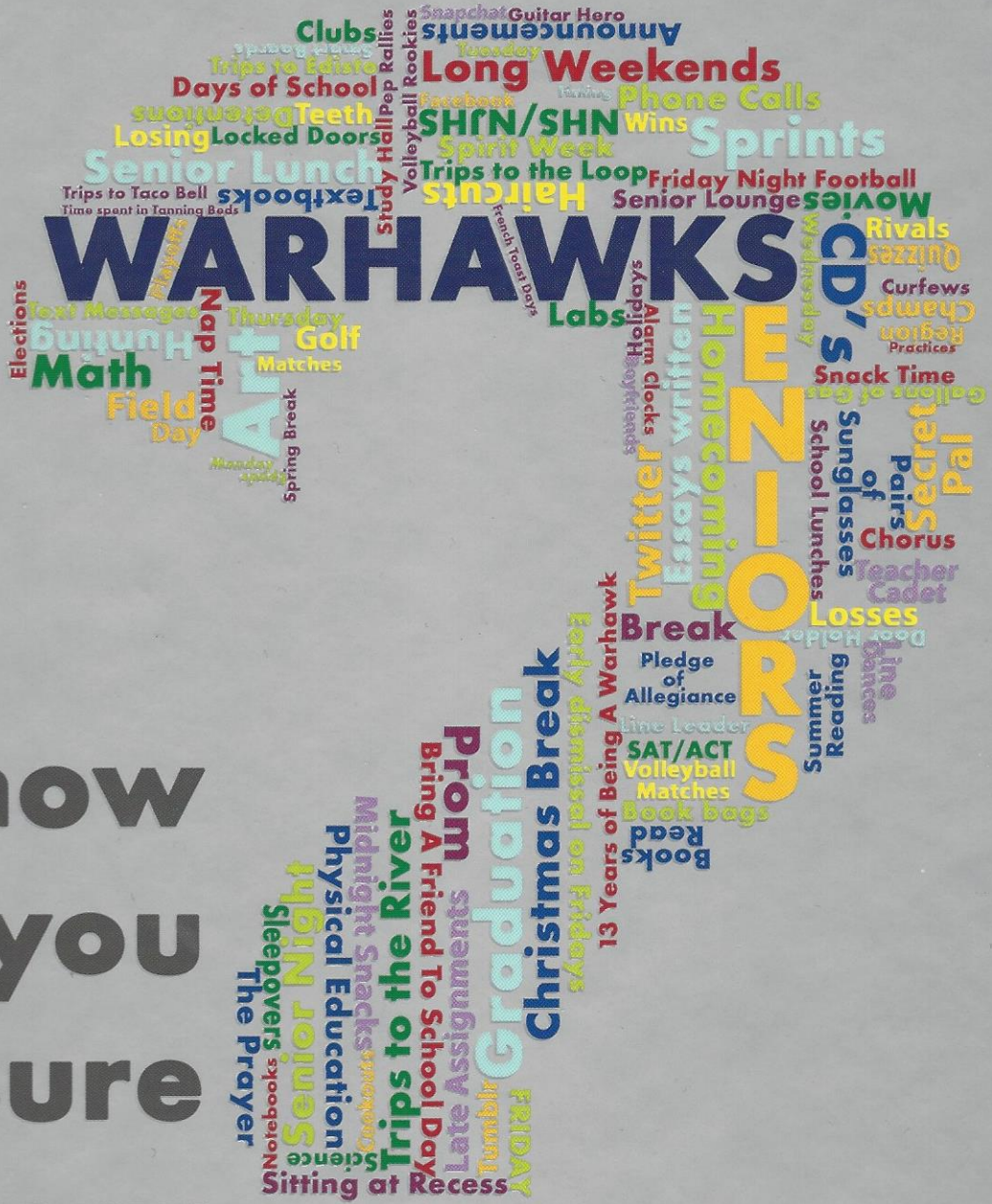
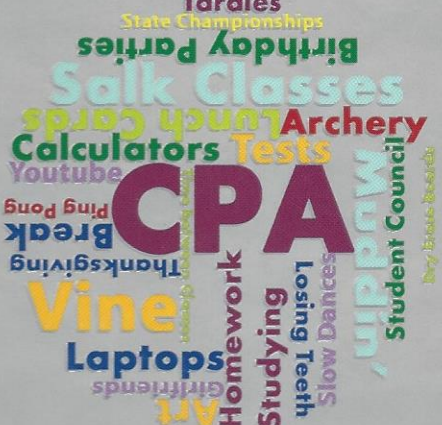
how do you measure a year





2014