

"Next year all I have to do is sit back and relax!" Tangela Nesbitt.

Kicking His Way to the Top

Becoming a Black Belt Artist

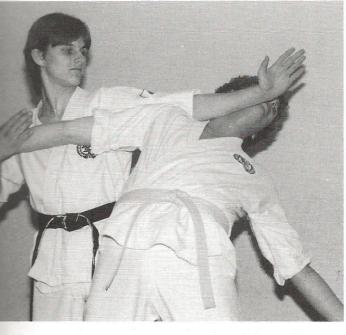


Curtis Robinson kicked his way through his junior year with his favorite recreational sport, karate. Early in the year, Curtis received his black belt in the sport.

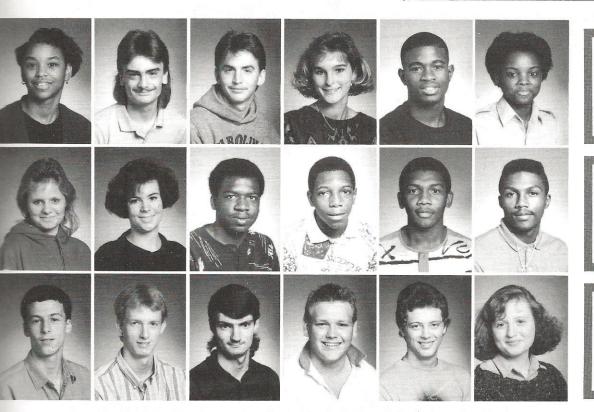
Curtis has taken karate since the seventh grade. He started as a white belt, which is the beginning level of karate, and completed many levels to receive his black belt. The black-belt test took several hours to complete. During the test, Curtis had to perform defensive maneuvers as well as offensive maneuvers to pass his test.

When asked about his continuous devotion to karate, Curtis commented, "Karate helps me physically as well as mentally. It helps to make me more confident as well as more alert."

by Jon Lohr



Curtis overcomes his opponent Billy MacCumbee using the laido technique.



Sarah Griffin Curtis Groves Allen Hadwin Anne Hall Terrance Hamilton Annette Hampleon

Pam Hand Kimberly Hare Anthony Harrison Scott Harrison William Harrison Michael Haynes

Jim Herndon Chris Hickman Jacob Hiers James Hiers Rodney Hiers Lisa Hiott