

# P

# PERSONAL BEST

## *Achievements Accent Team*

For many girls the routine of Home Economics class and the modeling club was a little too mundane. These students found excitement and competition in Girls' Track. The intensity and hard work that goes into building a record-setting track team was in full force as Coach Marsha Coe whipped these young women into superior athletic form.

This year's track team boasted many personal achievements and successes. Junior Teresa Coaxum excelled in the 200 meter dash with a time of 26.5 seconds. Monica Holmes astounded the crowds by high jumping an amazing four

fete and ten inches. Vernisa Bodison strutted her stuff by tossing the discus ninety nine feet and three inches, while Rhonda Maree pounced to sixteen foot two inches long jump. Rhonda Robinson led the pack of record holders by shattering the school's shot put record and defeating over thirty girls to take top honors in the regional meet.

Although the girls did their best and worked hard, the inavailability of adequate track facilities on which to practice returned to haunt the team as it reached the conference meet. The team practiced daily with the boys' team on a make-shift track which mainly

consisted of the student parking lot and some pylons. With the addition of Ms. Sonya Sims as assistant track coach, Ms. Coe was now able to cover more directly and articulately more of the basics of the events while Ms. Sims conducted other practice sessions. Ms. Coe emphasized Ms. Sims contribution by expressing, "her presence not only helped me to conduct practice more efficiently, but also to communicate with the girls more easily."

With fewer than five seniors on the girls' track squad and the addition of a clay track in the near future the prospects for track are looking much brighter.



**"I am proud of my accomplishments, but the success of the team is the most important goal." — Rhonda Robinson, senior**



**"With the lack of a proper facility on which to practice, the girls' performance was great and over my expectations." — Coach Marsha Coe**



**Clinching sixth place in the long jump, Monica Holmes shows her versatility in the polevault at the 6-AAAA Conference Track Meet held annually at James Island High School.**

