



**continued**

“Not your type” may actually have had much to offer and could have had a positive impact on your life, had you given them the chance.

The important thing was to be yourself. Instead of hiding behind stereotypes, you needed to show the “real” you. This was a necessary step to show that you had nothing to hide.

— Ashley Heaton and  
Leah Steele

**Almost  
everyone  
has  
stereotyped  
another  
at  
some  
time.**